

Digital Transformation and Change Management: Challenges and Opportunities

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Abstract. Digital Transformation has been increasingly recognized as a key strategic priority among organizations across the globe. However, most of these digital transformation initiatives tend to fail because of insufficient considerations made in change management. In this regard, the current study will be centered on discussing the issues and opportunities involved in digital transformation, emphasizing the human aspect of organizational change. The analysis conducted based on several studies and industrial reports indicates that 70% of digital transformations fail to achieve their goals, resulting in about \$2.3 trillion of annual global financial loss to organizations. The study highlights some major findings concerning five different industries including Retail, Manufacturing, Finance, Technology, and Healthcare. According to the analysis performed, it has been revealed that the Technology and Finance industries have the best success rates for transformation initiatives mainly due to effective leadership and adaptive culture. In this study, a combined approach of change management, consisting of both planned and emergent change models, is proposed using quantitative analysis of 20% and 28% improvement in project completion rate and risk reduction respectively.

keywords: Digital Transformation, Change Management, Organizational Change, Employee Adoption, Leadership Commitment, Digital Maturity, Transformation Failure

I. Introduction

The dawn of the digital era has greatly changed the competitive environment in every sector. The global expenditure on digital transformation by 2025 has been estimated at about USD 1,009.8 billion, marking a twofold increase from the amount in 2020 of USD 469.8 billion, at an impressive annual growth rate of 16.5 percent. The total investment in digital transformation is expected to grow to USD 3.4 trillion by 2026, signifying its vital importance in all sectors [8]. Companies are deploying technologies such as artificial intelligence, cloud, automation, and data ecosystem to transform business models. According to the survey of PwC, 59 percent of companies prioritize AI, while 56 percent prioritize cloud technology.

Despite all of this effort being put in, failure is a common outcome. According to statistics provided by McKinsey, over 70 percent of digital transformation efforts end up failing in achieving their targets. Gartner's report shows that 60 percent of staff members do not support organizational changes. According to a survey conducted by the Boston Consulting Group, merely 30 percent of transformations reach or surpass their set target and bring about lasting changes [8]. The worst part of all comes from recent studies at the Massachusetts Institute of Technology, which state that 95 percent of generative AI tests end up failing to produce tangible business outcomes.

With such a high failure rate, an important issue emerges: What causes digital transformation failures despite the investment and dedication shown? According to research findings, the answer to this question does not concern technology but humans in the organizational process of change [1]. As noted by Deloitte Government Trends 2026, "Companies that simply put a shiny new face on the organization end up with the same constraints as before. Companies that transform the operating system beneath the surface realize lasting improvements in speed, quality, and results." The "operating system" mentioned here refers to individuals, authority, behavior being rewarded, and the employees' conviction in the change's importance.

The main challenges to successful digital transformation relate to issues regarding change management, a shortage of talent, and misalignment between strategy and execution [3]. Change exhaustion, described as employee disengagement from the transformation due to constant but unholistic change efforts, has become a major issue. It has been found that 83 percent of organizations do not have the employees with the required change management skills necessary for making transformation successful, and just one in three executives claimed that middle management was dedicated to transformation activities [7].

This research paper attempts to answer three main questions, namely:

- What are the biggest issues behind the failure of digital transformations?
- How do companies from different sectors face these issues and how do they react to them?
- Are there any integrated change management approaches that would help achieve greater success of the process? The study adds value to the field both theoretically and practically.

II. Literature Survey

Literature on digital transformation and change management has grown extensively since 2021 with an increased focus on the technological, organizational, and human aspects of transformation [8].

The Extent of Digital Transformation Spending and Its Failure Rate: The literature on digital transformation has emerged as one of the prominent themes for business strategies. By 2025, the amount invested in digital transformation amounted to USD 1,009.8 billion, whereas, according to forecasts, the amount would exceed USD 3.4 trillion in 2026 [8]. Notwithstanding the huge amount spent on digital transformation, success rates of these efforts have remained very low. According to thorough studies conducted on the subject, 70% of digital transformation efforts have failed to achieve

the set goals [8]. Further investigations showed that only 30% of digital transformation succeeded in reaching or surpassing the set value and achieving sustainability.

The Human Factor in Transformation Failure: Recent literature has been increasingly pointing out that problems in technology are not always the root cause of transformation failures. An interesting case study featured on the LSE Business Review blog concerns a digital transformation project at a big Chinese construction company [1]. In this particular example, it was found that although workers were enthusiastic about adopting the technology, eventually they had rejected it because of the physical strain of adding more tasks to their regular workload involving entering extra information [1]. The research has revealed that the use of technologies which increase employees' work, as opposed to making it easier, turns positive attitudes into negative ones [1].

Such conclusions are supported by industry surveys. As noted in a survey cited in the LSE study, around 65 percent of workers encounter considerable frustrations with the digital solutions offered by the company's management [1]. In its digital transformation survey, Deloitte found employee engagement was the most frequently mentioned reason why automation projects had been unsuccessful [3]. Indeed, according to research on change management during automation projects, lack of support for change is considered one of the leading reasons for failure of automation initiatives [5]. Employees worry about being made redundant or losing some measure of control or surveillance [5].

Digital Transformation and Change Management: It raises some doubts whether classical change management approaches could be used for digital transformations. Hanelt et al. (2021) conducted a systematic literature review of change management approaches and created a research matrix that explored digital transformation from the perspective of organizational change management [8]. Specifically, they focused on the following four perspectives: technology impact, compartmentalized adaptation, systemic change, and holistic co-evolution [8]. This framework comprises three main dimensions: contextual conditions (materiality, organizational antecedents, environmental antecedents), mechanisms (innovation and integration), and outcomes (organizational configurations, economic outcomes, spillovers) [8].

The distinction between episodic and emergent forms of change management is back in the spotlight once again. Even though emergent forms of change management have been found to be more appropriate for modern business conditions, empirical data shows that 70 percent of managers apply planned change approaches in their work practices, despite the fact that they do not align with current business conditions [10]. This has led to the emergence of hybrid approaches to managing changes [10].

Agentic Artificial Intelligence in Change Management: One area that is gaining traction is change management using artificial intelligence. An IEEE study describes the application of artificial intelligence as a tool to enhance the process of change management [2]. Specifically, agentic AI-powered change reinforcement framework is described as placing the reinforcement process as a systemic factor and augmenting it with a number of AI agents working together to bring about change throughout organizational levels [2].

Differences among Sectors with Respect to Digital Transformation: A comparative sectoral analysis of Retail, Manufacturing, Finance, Technology, and Healthcare industries shows great differences in the preparedness and efficiency of transformation efforts [4]. The industries of Technology and Finance have shown the highest efficiency in digital transformation, owing to more effective leadership, investments, and adaptable organizational cultures [4]. The Retail and Healthcare industries, however, display ambivalent results due to their legacy systems or regulations [4]. The industry of Manufacturing is characterized by lower preparedness and great resistance to change [4].

Employee-focused Change Management: Recent research into employee-focused change management has resulted in the development of maturity models aimed at the specific needs of the modern era with the prevalence of Artificial Intelligence technology [7]. A cumulative dissertation has developed an integrated maturity model featuring nine dimensions divided into three groups of Motivation & Leadership Behavior, Dealing with Change, and Well-being & Health [7]. The maturity model combines Self-Determination Theory, Herzberg's Two-Factor Theory, Maslow's Hierarchy of Needs, and other theories and change management concepts, suggesting that current DT maturity models mainly cover technological, strategic, and organizational perspectives and disregard human-centered dimensions [7].

III. Proposed Methodology

For the purposes of this paper, a systematic literature synthesis and comparative analysis methodology is used, synthesizing insights drawn from numerous empirical works, industry reports, and case analyses undertaken from 2021 to 2026.

Research Design: This study utilizes a research synthesis design, which is suitable for answering "how" questions and gaining an in-depth understanding of organizational phenomena. The study synthesizes information derived from several sources, such as peer-reviewed academic journals, industry reports by consultancy organizations (McKinsey, Gartner, BCG, Deloitte, PwC), and case studies on digital transformation initiatives.

Sources of Data and Their Selection Criteria: The selection criteria for the sources to be used were as follows:

- Published between 2021 and 2026
- Dealing with digital transformation/change management
- Providing empirical data/case-based evidence
- Mentioning organizational/human aspects

Important sources of data include:

- McKinsey & Company transformation success rates analysis
- Gartner change support among employees survey
- Boston Consulting Group digital transformation value analysis
- MIT generative AI pilots
- LSE Business Review case study of transformation at Chinese construction company
- PwC global survey on compliance and digital transformation

- Deloitte digital transformation and employee engagement survey
- Coherent Solutions CEO digital transformation profitability survey
- IEEE agentic AI reinforcement learning model for change
- Comparative sectoral study for five sectors

Thematic Analysis Approach: Thematic analysis involves recognizing consistent themes across several studies that include organizational support for the change process, employees' resistance to the new changes, change fatigue, skills gap, and technology implementation coupled with change management. Quantitative results are combined from different studies to obtain statistical results. Comparisons will be made within various industries based on the framework suggested by Hanelt et al. (2021).

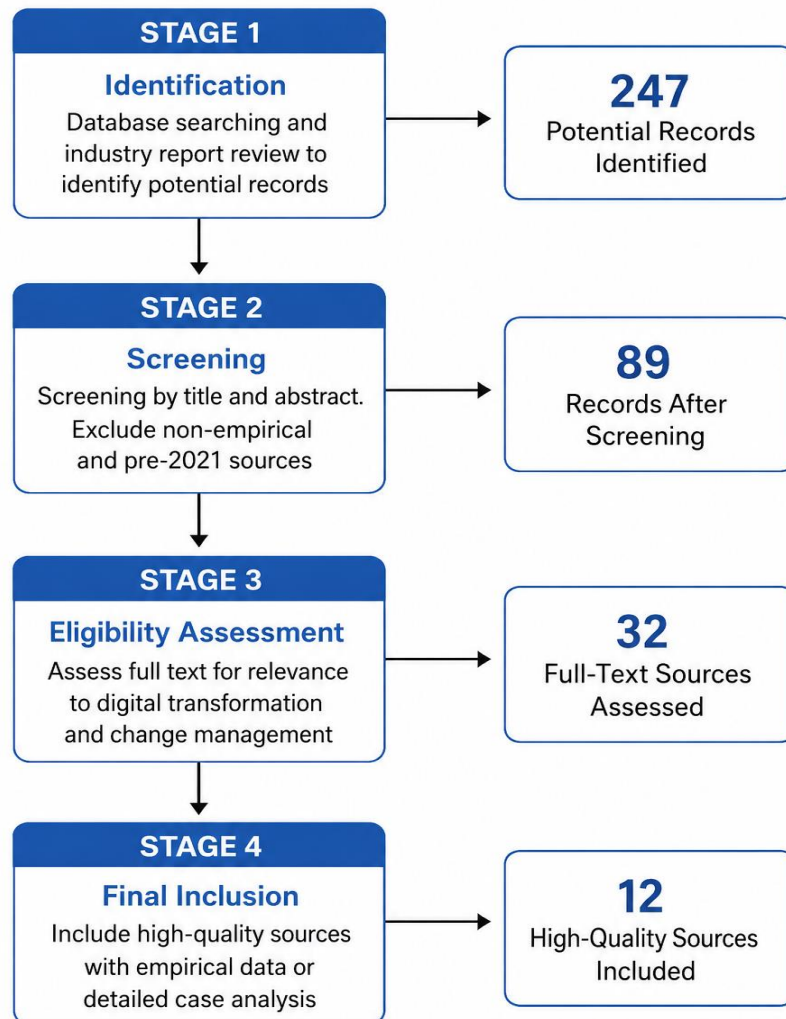


Figure 1: Research Synthesis Methodology Framework

Integration with Case Evidence: The methodological approach entails comprehensive analysis of case evidence collected through an 18-month-long field study conducted on the topic of digital transformation within a prominent Chinese construction company. In addition to this case evidence, there are also other examples of case evidence that can be taken from the retail healthcare industry and auto services.

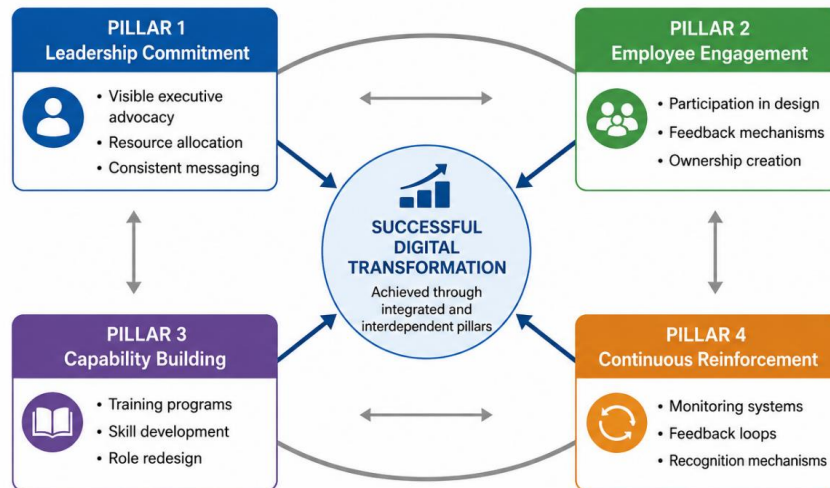


Figure 2: Integrated Change Management Framework for Digital Transformation

IV. Analysis

Primary Challenges in Digital Transformation

Analysis of research data indicates that there are five major barriers that always stand against the successful digital transformation process.

Lack of Integration of Change Management: According to many researchers, the primary reason for the failure of transformation processes lies within the lack of integration of change management into the digital transformation process. As an industry expert says: "Change management isn't just another process to be managed along with the other parts of implementation; change management IS the implementation." Companies that neglect the importance of adopting change management processes will see their initiatives fail within 6 to 18 months since deployment.

Resistance to Change and Transformation Fatigue: Employee resistance comes in several forms. According to the LSE case study, when technology is adopted without offering any advantages, it may turn the originally perceived benefits into resistance. For instance, in the LSE case study, the construction workers were supportive of the digital technology because of the executive talks. However, upon being forced to measure and record data physically, their excitement was turned into frustration.

Transformation fatigue refers to employee resistance to change because of continuous, yet holistic, change efforts and has recently become a prominent barrier. Employees who have gone through numerous failed change initiatives become skeptical about other initiatives as well.

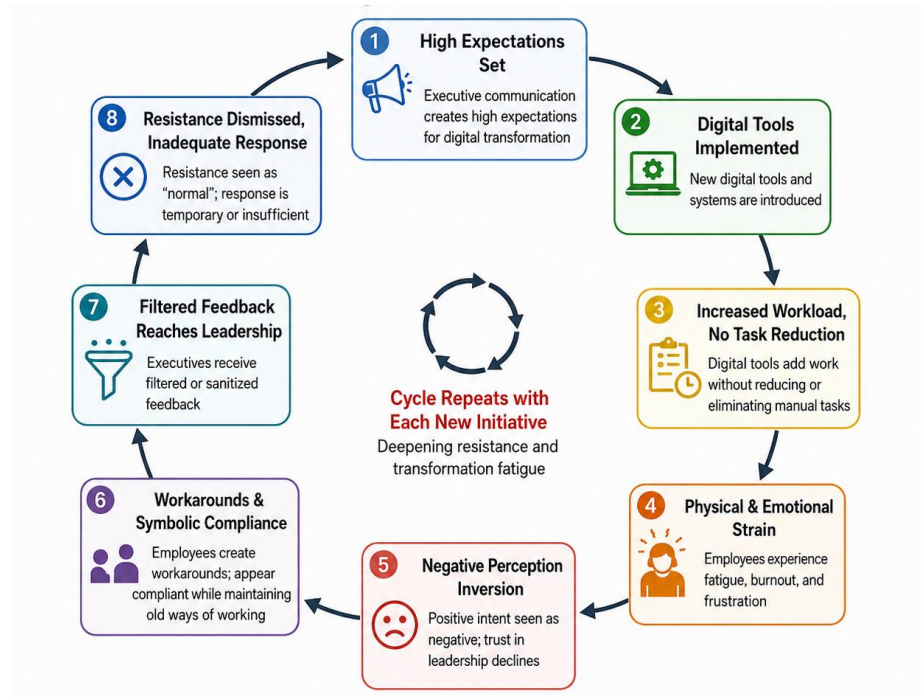


Figure 3: Employee Resistance Cycle in Digital Transformation

Disconnect between Executive Commitment and Middle Management: Findings from research suggest that only one-third of the executives believe that middle management was truly committed to transformation despite having achieved commitment from other levels of executives. It is imperative to ensure that there is no such disconnect since the role of middle managers is essential in transforming a strategy to action. Any disconnection between middle management and executive commitment could hinder the transformation process significantly.

Gap between Skill Requirements and Upskilling of Employees: Fast-paced changes brought about by new technology have surpassed the ability of organizations to upskill their people accordingly. For instance, studies reveal that 83 percent of organizations do not have the required skill set in change management among their staff for effective transformation. In cases of transformation involving AI technology, 70 percent of the workers in India are unaware of the benefits that AI can offer. Moreover, businesses spend thrice as much on development of technology than on developing skills for change management.

Organizational Culture and Legacy Systems: Hierarchical organizations with risk-averse organizational culture tend to experience greater problems in transforming their business through digital technology. This can be seen from the comparative analysis in which the Technology and Finance sectors are able to transform successfully due to a flexible organizational culture, while Manufacturing shows poor readiness and high resistance to change.

Opportunities and Success Factors

In spite of these hurdles, there are a lot of opportunities available to those who will be able to successfully manage the human aspect of transformation.

Integration of Structured Change Management Practice: Those organizations that have implemented structured change management have made some remarkable progress. In terms of quantitative analysis, project completion efficiency has improved by 20 percent, employee engagement has increased by 20 percent, and the risk mitigation efficiency has been enhanced by 28 percent. This proves that investment in change management makes sense and generates some solid gains.

Change Reinforcement via Agentic AI: With the advancement in the technology of agentic AI, a whole set of new options emerges in relation to sustaining changes. The IEEE change reinforcement model suggests that the use of AI agents facilitates better signal detection, personalized nudging, and timely adjustments, all in accordance with organizational guardrails. Thus, AI becomes the tool of change, not an object of change.

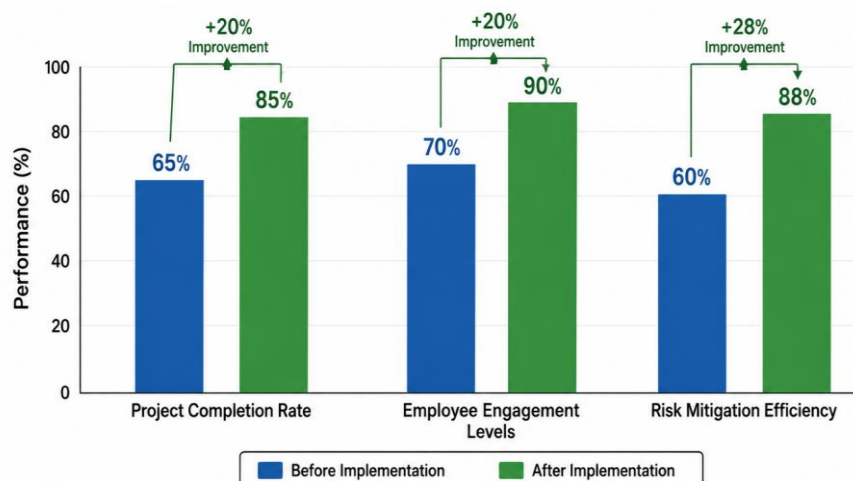


Figure 4: Success Metrics Before and After Integrated Change Management Implementation

Employee-Centered Design: Companies that base their digital transformation on the reality of the experience in the field will enjoy much more successful adoption. Four critical recommendations were identified by the LSE research:

- Perform an assessment of the "bodily cost" prior to implementation
- Make the design function responsible for making labor-saving the top priority
- Close the empathy gap by asking executives to operate the software under frontline circumstances
- View workarounds as warning signals of dysfunction instead of laziness

Reskilling and Capability Development: Organizations that spend resources on re-skilling employees become more successful at digital transformation. The Kingsley Gate leadership roundtable found that companies offering practical training, online courses, and certification programs increase employee's ability to operate software properly. Successful stories from the manufacturing industry prove that employees who

used to be engaged in repetitive inspections can feel much happier when working as analysts and process improvers.

Hybrid Strategies for Change Management: A strategy involving the integration of both planned or episodic change approach and emergent change approach leads to sustainability. Studies show that planned and emergent change approaches are not contradictory to each other and integrating them is considered critical for more sustainable changes. Emergent change approaches can respond to changes quickly because of their flexibility while planned approaches provide structure.

Comparative Analysis Table

Table 1: Comparative Analysis of Digital Transformation Challenges and Success Factors Across Industries

Dimension	Technology	Finance	Healthcare	Retail	Manufacturing
Transformation Maturity	High	High	Medium	Medium-Low	Low
Primary Challenge	Talent retention	Regulatory compliance	Legacy systems, regulation	Multi-channel integration	Workforce resistance, legacy equipment
Leadership Commitment	Very High	High	Medium	Medium	Low-Medium
Employee Resistance Level	Low	Low-Medium	Medium	High	Very High
Skill Gap Severity	Medium	Medium	High	High	Very High
Change Management Integration	High	High	Medium	Low-Medium	Low
Key Success Factor	Innovation culture	Regulatory tech adoption	Patient-centered design	Customer experience focus	Automation with upskilling

Dimension	Technology	Finance	Healthcare	Retail	Manufacturing
Failure Rate Estimate	50-60%	55-65%	65-75%	70-80%	75-85%

From the comparative analysis, it is evident that those industries having high leadership commitment, being more adaptable in culture and incorporating effective change management have greater levels of successful transformation compared to others. The Technology and Finance Industries, which are highly challenging for organizations, are able to perform better because of investment in both technological as well as human factors. The Manufacturing and Retail Industries require more change management investments due to high employee resistance and lack of skills.

V. Conclusion

This paper offers an exhaustive discussion on digital transformation and change management based on the findings of different studies, reports, and case analyses carried out from 2021 to 2026. The findings indicate that digital transformation failure is largely a human problem rather than a technology problem as 70 percent of all digital transformation efforts fail to fulfill their objectives each year, costing the global economy \$2.3 trillion per year.

The main barriers to effective digital transformations include the lack of integration of change management, resistance among workers and transformation fatigue, lack of engagement by middle managers, skills shortage and under-upskilling of employees, and cultural barriers. Organizations that consider adoption to be automatic and not a process experience failures while those that incorporate effective change management processes realize improvements in their operations by 20 percent, employee engagement by 20 percent, and risk mitigation efficiency by 28 percent.

As seen from the comparative analysis done for various sectors, there is considerable difference, where sectors like Technology and Finance have experienced better digital transformation results owing to committed leadership and flexible organizational culture, while sectors like Manufacturing and Retail encounter difficulties owing to high levels of employee resistance and organizational inertia. The implication drawn here is that there needs to be different strategies adopted for each sector to ensure better transformation results.

As suggested by the change management model developed, a combination of both planned and emergent approaches needs to be incorporated in the strategy, highlighting four key dimensions: leadership commitment, employee engagement, capability development, and agentic AI-driven change reinforcement.

Limitations

The current research is subject to certain limitations, which need to be noted.

- Firstly, secondary data and case studies can make it challenging to control for the presence of various confounders.
- Secondly, the focus on studies conducted in Western and Asian contexts might restrict generalizations to other types of culture and economy.
- Thirdly, the dynamic nature of AI technologies indicates that further research might be required when agentic AI becomes more advanced.
- Lastly, the lack of longitudinal studies across different transformation processes hinders the assessment of sustainability of the changes induced by AI.

Future Directions

There are a number of promising directions for future research to explore.

- First, studies that track the progress of organizations throughout an entire transformation process (over 3 to 5 years) would help understand how sustainable the process is and what kinds of change management techniques work.
- Second, randomized control trials to assess particular change management techniques (personalized nudges, feedback mechanisms, immersion experiences for executives, and so on) would allow for understanding their causal effects.
- Third, cross-cultural studies could reveal how national culture affects the efficiency of change management practices.
- Fourth, as AI technologies become more sophisticated, the effectiveness of such AI-mediated reinforcement could be assessed relative to conventional methods.

For organization leaders, there are a few important recommendations that follow from the results of analysis.

- First, evaluate the degree of organizational change readiness before starting transformation by evaluating employee attitude, commitment from middle managers, and organizational culture.
- Second, build change management capacity as an essential transformation process rather than an auxiliary one.
- Third, develop digital tools keeping in mind operational issues of frontline workers and calculating "bodily cost," with the first tool addressing a real problem faced by employees.
- Fourth, introduce constant monitoring and feedback systems and quickly iterate based on employees' feedback.
- Fifth, treat workarounds as an insight into problems in design rather than employee resistance that should be overcome.

Organizations which will prosper in the digital age may well be those with more advanced technology but those that grasp the fact that transformation is essentially a human affair. As Deloitte's Government Trends report notes, "organizations that change their operating system their decision rights, how they behave, and whether people believe that the change is worth the time will find durable gains in speed, quality, and outcome."

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